

# Atlantic Meats



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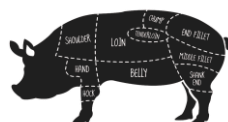


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**(902)564-0008 or [atlanticmeats@eastlink.ca](mailto:atlanticmeats@eastlink.ca)**  
**website: [atlanticmeatpackers.com](http://atlanticmeatpackers.com)**

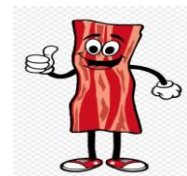
## Price List for Sept 11 - 24, 2021



**Burgers**  
**Hot Dogs**  
**BBQ Sausages**



**Pork Cuts**  
**and Chops**



Lean Ground Beef, 11b pkg	<b>4.95</b> pkg	Center Cut Layer Bacon, 5kg	<b>Phone for Price</b>
Beach Burgers, 20 x 4oz, 5lb	<b>26.95</b> box	Frozen Center Cut Bacon, 11b	<b>7.95</b> pkg
All Beef Patties, 5kg, 44 x 4oz	<b>59.95</b> case	VacPack Breakfast Ham, 3s	<b>2.50</b> pkg
All Beef Patties, 5kg, 66 x 2.67oz	<b>59.95</b> case	Breakfast Sausages, 2lbs	<b>10.10</b> pkg
Fully Cooked Beef Burgers, 950g	<b>11.60</b> bag	Olymel Bologna	<b>3.49</b> lb
Cooked Meatballs 1/2oz, 800g	<b>10.50</b> pkg	Chris Bros Bologna Chubs, 1.5kg	<b>9.50</b> each
***		PRINCE Toupie Ham - <i>fresh</i>	<b>5.21</b> lb
LaFleur Wieners, 11b pkg, 12's	<b>4.60</b> pkg	Boneless Pork Roast	<b>4.87</b> lb
Lester's 7" Wieners, 5.5 per lb, 3kg	<b>25.70</b> each	VP Thicker Pork Loin Chops	<b>3.54</b> lb
***		Pork Loin Chops, 4lb	<b>14.50</b> box
Oktoberfest Sausage, 1.25kg	<b>17.80</b> bag	Center Cut Pork Chops, 4lb	<b>17.30</b> box
Mild Italian Sausage, 1.25kg	<b>17.80</b> bag	Bnls Pork Chops, 12x4oz, 3lb	<b>15.80</b> box
BBQ Cheddar Sausage, 1.25kg	<b>17.60</b> bag	Pork Spare Ribs Cut 2"x2", 4lb	<b>14.95</b> box
Hot Italian Sausage, 2kg	<b>17.50</b> pkg	Pork Spare Ribs Cut 2" strips, 4lb	<b>14.95</b> box

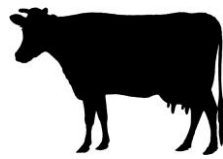
**Free Home Delivery**

**No Minimum Orders!!!**

See delivery schedule to find us in your neighbourhood.



## Beef Cuts and Steaks



## From The Sea



Tendered T-Bones 2 kg, 8x9oz	<b>56.95</b>	box	Haddock Loins, 4oz, 10lb	<b>84.80</b>	cs
Red AA Tenderloin Filets, 6oz	<b>7.75</b>	each	Haddock Loins, 12x4oz, 3lb	<b>27.40</b>	box
Red AA Tenderloin Filets, 4oz	<b>5.20</b>	each	Salmon Loins, 6oz	<b>3.95</b>	each
Tendered Bone-In Rib Steak, 10oz	<b>8.50</b>	each	Breaded Haddock Fillets, 8x4oz, 2lb	<b>22.80</b>	box
Bone In Striploin Steak, 10oz	<b>7.25</b>	each	Fish Cakes, 20x2.5oz, 2.5lb	<b>8.95</b>	bag
Tendered T-Bone Steak, 12oz	<b>9.60</b>	each	Captain Fish Burgers, 4x4oz	<b>7.50</b>	bag
Tendered T-Bone Steak, 10oz	<b>8.00</b>	each	Cooked IQF Jumbo Shrimp, 2lb	<b>25.50</b>	bag
Tendered Striploins, 12 x 6oz	<b>56.95</b>	box	Boneless Salt Cod Bits, 1lb	<b>7.50</b>	bag
Tendered VP Striploin Steak, 3lbs, 6x8oz	<b>39.95</b>	box	Breaded Scallops, 1lb	<b>19.90</b>	bag
Tendered VP Striploin Steak, 3lbs, 8x6oz	<b>39.95</b>	box	SeaFresh Battered Cod, 1lb	<b>4.50</b>	pkg
Bnls Extra Lean Beef Stew, 1lb	<b>10.50</b>	bag	SeaFresh Battered Haddock, 1lb	<b>4.50</b>	bag
Red Sirloin Tip Roast	<b>4.50</b>	lb	Battered Haddock Pieces (nuggets), 1lb	<b>4.40</b>	bag
VP Beef Liver, 4 oz each	<b>1.30</b>	each			



T-Bone Steak, 10oz



**9.95** each



**So Delicious!**



Cabbage Rolls, 2.18kg	<b>27.00</b>	each
FarmPac Skin Off French Fries, 5lb	<b>7.95</b>	bag
Oval Hash Brown Patties, 3.5lbs	<b>5.00</b>	bag
Pizza Fingers, 50's	<b>54.10</b>	cs
Pizza Fingers, 20's	<b>22.70</b>	bag



## Donair Lovers



Donair Egg Rolls, 10/51g	<b>Temporarily Unavailable</b>	***
Donair Meat Fully Cooked, 300g	<b>5.60</b>	pkg
Donair Meat Extra Spicy, FC, 300g	<b>5.60</b>	pkg
Donair Sauce, Squeezable 250 ml	<b>2.80</b>	btl
Frozen Pita Bread, 6 1/2", 5's	<b>1.60</b>	pkg
Frozen Whole Wheat Pita Bread, 6 1/2"	<b>1.60</b>	pkg
Donair Dippers, 1 kg bag	<b>11.20</b>	pkg
Donair Sausages, 1.25kg	<b>18.95</b>	pkg
Donair Sandwich with Pepperoni, 148g	<b>2.90</b>	each
Saputo Shredded Mozza, 5.5lb bg	<b>45.90</b>	bag
Highliner Mozza Sticks, 1 lb	<b>8.30</b>	bag
Country Acres Mozza Sticks, 1lb	<b>5.35</b>	bag
Seafresh Mozza Sticks, 1lb	<b>4.00</b>	bag
NEW Country Acres Onion Rings, 2lb	<b>5.40</b>	bag
Chinois Chicken Egg Rolls 25/pkg	<b>11.90</b>	bag



## Chicken



IQF Bone-In Chicken Breasts, 2kgs	<b>20.70</b>	bag
Boneless Chicken Breasts, 3 lbs	<b>22.50</b>	box
RW Boneless Chicken Breasts, 2kg	<b>25.20</b>	bag
Bnls Chicken Breasts, 4kg, 4oz or 5oz	<b>61.70</b>	cs
P&H Kentucky-Style Chic Tenders, 2kg	<b>29.90</b>	bag
Popcorn Chicken, 1kg	<b>12.90</b>	bag
Fully Cooked Chicken Fritters, 1 kg bag	<b>10.95</b>	bag
Battered Chicken Balls, 1kg	<b>8.95</b>	bag
Fully Cooked Chicken Bites, 1kg	<b>7.90</b>	bag
Flamingo Chicken Chunkies, Mild or BBQ, 850g	<b>7.95</b>	bag
Breaded Spicy Chicken Fries, 500g	<b>4.95</b>	bag
<b>NEW &amp; Limited Supply!!</b>		
Grand River Brd Chicken Breasts, 2kg	<b>26.95</b>	bag
Spring Valley Brd Chicken Breasts, 1kg	<b>12.50</b>	bag
Raw Brd Chicken Breasts, 1kg	<b>11.90</b>	bag
<b>To Cook: Must be deep fried!</b>		
Century Spicy Chicken Burgers, 1kg	<b>11.80</b>	bag
ML FC Fajita Chicken Strips, 800g	<b>11.40</b>	bag
Century FC Breaded Chicken Drums, 1kg	<b>8.90</b>	bag
Chicken Burgers, 4x90g	<b>3.95</b>	pkg
<b>NEW SIZE</b> Chicken Gizzards, 15kg	<b>95.90</b>	cs
Chicken Liver, 5kg	<b>18.60</b>	cs
Chicken Hearts, 5kg	<b>40.60</b>	cs
Whole Chickens, Grade A	<b>3.28</b>	lb
Whole Chickens, Utility	<b>2.98</b>	lb



## Chicken Wings



IQF Chicken Wings, no tips, 2kg	<b>21.80</b>	bag
Cooked Plain Chicken Wings, 1kg	<b>10.90</b>	bag
Golden Maple Breaded Wings, 1 kg	<b>12.70</b>	bag
GR Medium Spiced Breaded ChickenWing, 2 lbs	<b>11.80</b>	bag
Pinty BBQ Chicken Wings, 650g	<b>8.60</b>	bag
Med BBQ Chicken Wings, 700g	<b>6.90</b>	bag
GR FC Honey Garlic Wings, 2lb	<b>12.50</b>	bag
FC Breaded Buffalo Wings, 1kg	<b>11.60</b>	bag



## Traditional Boiled Dinner



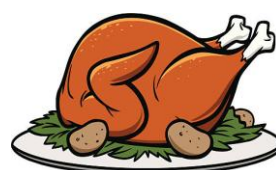
Cured Pork Riblets, 2kg pail	<b>14.00</b>	each
Cured Short Rib, 4lb	<b>35.90</b>	each
Cured Beef Brisket	<b>7.80</b>	lb
Vac Pack Cured Fat Backs	<b>4.28</b>	lb



## Frozen Fruit & Vegetables



Regular Mixed Vegetables, 1kg	<b>6.20</b>	bag
California Mix Vegetables, 1kg	<b>5.15</b>	bag
Stir Fry Supreme Vegetables, 1kg	<b>8.40</b>	bag
Prince Edward Mix, 1 kg	<b>6.20</b>	bag
Fajita Mixed Vegetables, 1kg	<b>6.70</b>	bag
Whole Frozen Strawberries, 1kg	<b>10.60</b>	bag
Foodelicious Smoothie Mix, 1kg	<b>8.60</b>	bag



## Turkeys



Butterball Turkey Burgers 6x4oz	<b>10.95</b>	box
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E-transfer Information:  
atlanticmeatpackers@gmail.com

**Free Home delivery !**  
**Thank you for shopping local!!!**

**MONDAYS**

**Sydney & Surrounding Areas**

**TUESDAYS**

**Louisbourg & Mira Area**

**WEDNESDAYS**

**North Sydney, Sydney Mines & Florence**

**THURSDAYS**

**Glace Bay, New Waterford & Dominion**

**FRIDAYS**

**Sydney & Surrounding Areas**

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