

# Atlantic Meats



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**55 Harbour Dr, Sydport Industrial Park**  
**(902)564-0008 or [atlanticmeats@eastlink.ca](mailto:atlanticmeats@eastlink.ca)**  
**website: [atlanticmeatpackers.com](http://atlanticmeatpackers.com)**

## Price List for Jan 18 - 31, 2025

### Burgers, Hot Dogs BBQ Sausages

Lean Ground Beef, 11lb pkg	<b>6.50</b>	pkg
Medium Ground Beef, 11lb pkg	<b>5.25</b>	pkg
Beach Burgers, 16x4oz	<b>29.95</b>	box
Beach Burgers, 4x4oz	<b>7.60</b>	pkg
All Beef Patties, 5kg, 44 x 4oz	<b>67.95</b>	case
Cooked Meatballs 1/2oz, 2 lbs	<b>18.70</b>	pkg
Cooked X-Large Meatballs, 11lb (6 per pkg)	<b>9.80</b>	pkg
Olymel/Lafleur Wieners, 12s	<b>5.60</b>	pkg
Lester's 7" Wieners, 5.5 per lb, 3kg	<b>29.60</b>	each
Mild Italian Sausage, Uncooked, 1 kg	<b>15.50</b>	pkg
Hot Italian Sausage, Uncooked, 1 kg	<b>14.60</b>	pkg

### Pork Cuts and Chops

Center Cut Layer Bacon, 5kg	<b>69.49</b>	case
Frozen Center Cut Bacon, 11lb	<b>6.95</b>	pkg
Peameal Back Bacon, 11lb	<b>8.20</b>	pkg
VacPack Breakfast Ham, 3s	<b>3.25</b>	pkg
Breakfast Sausages, 2lbs, ~24 per pkg	<b>14.50</b>	pkg
Breakfast Sausages, 6 per pkg	<b>3.90</b>	pkg
FC Sausage Rounds, 1 lb	<b>7.00</b>	pkg
Olymel Bologna	<b>4.73</b>	lb
Bnls Toupie Ham Steaks, 12oz		<b>Temporarily Sold Out</b>
PRINCE Toupie Ham - <i>fresh</i>	<b>6.84</b>	lb
Boneless Pork Roast	<b>4.29</b>	lb
VP Thicker Pork Loin Chops	<b>3.95</b>	lb
Pork Loin Chops, 2lb	<b>7.70</b>	box
Center Cut Pork Chops, 2lb	<b>9.10</b>	box
Bnls Pork Chops, 6x4oz, 1.5lb	<b>8.30</b>	box
Pork Spare Ribs Cut 2"x2", 4lb	<b>15.95</b>	pkg
Pork Spare Ribs Cut 2" strips, 4lb	<b>15.95</b>	pkg
Pork Back Ribs, 2 per pkg	<b>6.14</b>	lb
<b>NEW</b> Cooked Pork Back Rib in <b>BBQ or Honey Garlic Sauce, 500g</b>	<b>8.40</b>	pkg

### Chris Brothers

Hot Pepperoni Sticks, 750g	<b>15.00</b>	pkg
Mild Pepperoni Sticks, 750g	<b>15.00</b>	pkg
Chris Bros Bologna Chub, 1.5kg	<b>9.90</b>	each

# Beef Cuts and Steaks

Tendered T-Bones 2 kg, 8x9oz	<b>68.95</b>	box
Red AA Tenderloin Filets, 6oz	<b>11.90</b>	each
Red AA Tenderloin Filets, 4oz	<b>7.95</b>	each
Tendered Tenderloin Filets, 6oz	<b>7.75</b>	each
Tendered Bone-In Rib Steak, 10oz	<b>10.50</b>	each
Tendered T-Bone Steak, 12oz	<b>11.95</b>	each
Tendered T-Bone Steak, 10oz	<b>9.95</b>	each
Tendered VP Striploin Steak, 3lbs, 6x8oz	<b>46.95</b>	box
Tendered VP Striploin Steak, 3lbs, 8x6oz	<b>46.95</b>	box
Bnls Extra Lean Beef Stew, 1lb	<b>11.95</b>	bag
Red Inside Round Roast	<b>7.67</b>	lb
VP Beef Liver, 4 oz each	<b>2.10</b>	each
<b>Dry Soup Bones, 2lb</b> <i>Great for soup broth or a treat for your favorite puppy!</i>	<b>7.50</b>	bag

# Frozen Fruit & Vegetables

Regular Mixed Vegetables, 1kg	<b>Temporarily Sold Out</b>	
California Mix Vegetables, 1kg	<b>8.00</b>	bag
Stir Fry Supreme Vegetables, 1kg	<b>8.40</b>	bag
Prince Edward Mix, 1kg	<b>9.00</b>	bag
Fajita Mixed Vegetables, 1kg	<b>7.80</b>	bag
Whole Frozen Strawberries, 1kg	<b>Temporarily Sold Out</b>	
Foodelicious Smoothie Mix, 1kg	<b>10.80</b>	bag

# LESTERS

Lesters Fully Cooked Pulled Pork, 1 kg ***Add Your Own Sauce***	<b>25.10</b>	pkg
Lester's 7" Wieners, 5.5 per lb, 3kg	<b>29.60</b>	each
Lesters Chef's Secret Seasoning 550g	<b>Temporarily Sold Out</b>	
Lesters Montreal Steak Spice, 700g	<b>16.80</b>	btl

# From The Sea

Haddock Loins, 4oz, 10lb	<b>91.40</b>	cs
Haddock Loins, 12x4oz, 3lb	<b>29.90</b>	bag
Haddock Loins, 4oz	<b>2.60</b>	each
Salmon Loins, 6oz	<b>5.30</b>	each
Salmon Loins, 4oz	<b>3.80</b>	each
Tuna Steaks, 4oz	<b>3.30</b>	each
Swordfish Steaks, 6oz	<b>6.20</b>	each
Boneless Salt Cod Bits, 1lb	<b>12.60</b>	bag
North Shore Fish Chowder Mix, 1lb	<b>10.60</b>	bag
Breaded Haddock Fillets, 4x4oz, 1lb	<b>13.50</b>	pkg
SeaFresh Battered Haddock, 1lb	<b>5.90</b>	pkg
Fish Cakes, 20x2.5oz, 2.5lb	<b>13.60</b>	pkg
Fish Cakes, 4x2.5oz	<b>2.90</b>	pkg
Cooked IQF Jumbo Shrimp, 2lb	<b>25.70</b>	bag
40 Fathom Breaded Scallops, 1lb	<b>23.70</b>	bag
Captain Fish Burgers, 4x4oz	<b>10.20</b>	bag
SeaFresh Junior Fish Burgers, 860g	<b>9.90</b>	bag
Seawatch Clam Strips, 1 lb	<b>19.80</b>	pkg
<b>NEW</b> Shrimp Ring & Sauce, 284g	<b>8.70</b>	pkg

# Donair Lovers

Donair Egg Rolls, 10/51g	<b>15.90</b>	pkg
Donair Meat Fully Cooked, 300g	<b>6.00</b>	pkg
Donair Meat Extra Spicy, FC, 250g	<b>5.00</b>	pkg
Donair Sauce, Squeezable 250 ml	<b>3.40</b>	each
Frozen Pita Bread, 6 1/2", 5's	<b>2.00</b>	pkg
Donair Dippers, 1 kg bag	<b>14.40</b>	pkg
Donair Sausages, 1.25kg	<b>24.00</b>	pkg
Donair Sandwich with Pepperoni, 148g	<b>3.10</b>	each
Mr Donair Smoked Donair Jerky, 80g	<b>4.90</b>	pkg
<b>NEW</b> Donair Meat Pepperettes 2's	<b>3.70</b>	pkg

# Turkeys

Butterball Turkey Burgers 6x4oz	<b>12.70</b>	box
Stuffed Butterball Turkey, 15-18 lbs	<b>3.40</b>	lb

# Chicken

Fire Starter Spicy Chicken Breasts, 1kg	<b>15.95</b>	bag
Crispy Breaded Chicken Burgers, 1kg	<b>15.95</b>	bag
Chicken Burgers, 4x90g	<b>5.90</b>	pkg
Kentucky Chicken Tenders, 2kg	<b>39.50</b>	bag
Thundercrunch Chicken Strips, 1kg	<b>21.90</b>	bag
GR Raw Breaded Chicken Strips, 1kg	<b>11.70</b>	bag
Super Crunch Chicken Strips, 1kg	<b>9.95</b>	bag
Raw Chicken Fritters, 1kg	<b>15.90</b>	bag
Chicken Balls, 1kg	<b>13.80</b>	bag
FC Breaded Popcorn Chicken, 800g	<b>11.90</b>	box
GR FC Breaded Chicken Drums, 1kg	<b>8.90</b>	bag
FC Chicken Breast Crumble, 500g	<b>6.40</b>	pkg
Natural Portion FC Diced Chicken, 1 lb	<b>7.80</b>	bag
Bnls Chicken Breasts, 4kg, 4oz or 5oz	<b>88.70</b>	case
RW Boneless Chicken Breasts, 2kg	<b>39.20</b>	bag
Boneless Chicken Breasts, 1 kg	<b>23.70</b>	pkg
IQF Bone-In Chicken Breasts, 2kgs	<b>23.80</b>	bag
IQF Chicken Drums, 1kg	<b>7.80</b>	bag
Whole Chickens, Grade A	<b>6.00</b>	lb
Whole Chickens, Utility	<b>4.40</b>	lb
Chicken Hearts, <b>10kg</b>	<b>93.10</b>	cs

# Chicken Wings

IQF Chicken Wings, no tips, 2kg	<b>24.60</b>	bag
Cooked Plain Chicken Wings, 1 kg	<b>19.90</b>	bag
GR Spicy BBQ <u>or</u> Salt & Pepper <u>or</u> Honey Garlic Chicken Wings, 1.5kg	<b>19.90</b>	bag
Century Crispy Brd Mild Wings, 1kg	<b>15.95</b>	bag
GR Breaded Mild Wings, 1kg	<b>12.90</b>	bag
Original Breaded Boneless Wings, 500g	<b>6.50</b>	bag
GR Breaded Boneless Wings, 1 lb	<b>5.95</b>	bag

# So Delicious!

Cabbage Rolls, 2.18kg	<b>31.30</b>	tray
Traditional Meat Lasagna, 2.27kg	<b>39.70</b>	tray
Deluxe Macaroni & Cheese, 2.27kg	<b>30.90</b>	tray
Taterchef 3/8 French Fries, 5lb	<b>13.60</b>	bag
Sweet Potato Fries, 2.5lb	<b>13.90</b>	bag
Oval Hash Brown Patties, 3.5lbs	<b>8.40</b>	bag
Carlton Farms Potato Pom Poms, 5lb	<b>13.40</b>	bag
<b>Breakfast Sandwiches:</b>		
English Muffin, Egg, Cheese & <b>either Bacon or Sausage</b>	<b>3.95</b>	each
Battered Corn Dogs, 1.5kg	<b>9.00</b>	bag
Mini Corn Dogs, 500g	<b>12.50</b>	pkg
Pizza Fingers, 20's	<b>29.60</b>	pkg
Pizza Fingers, 5's	<b>7.80</b>	pkg
CA Onion Rings, 2lb	<b>7.50</b>	bag
Beef & Pork Egg Rolls, 10s	<b>10.40</b>	pkg
Vegetable Mini Spring Rolls, 20s	<b>16.60</b>	pkg
C.A. Battered Zucchini 1lb	<b>6.00</b>	bag
C.A. Battered Mushrooms 1lb	<b>9.90</b>	pkg
G.R. Breaded Cauliflower 1lb	<b>8.50</b>	bag
Breaded Dill Pickle Spears, 1lb	<b>7.30</b>	pkg
Highliner Mozza Sticks, 1 lb	<b>10.40</b>	bag
Seafresh Mozza Sticks, 1lb	<b>4.95</b>	bag
Macaroni & Cheese Wedges, 1 lb	<b>11.60</b>	pkg
<b>NEW</b> Jalapeno Dippers & Tai Sauce, 1 lb	<b>7.90</b>	pkg

# Traditional Boiled Dinner

Cured Pork Riblets, 2kg pail	<b>16.20</b>	each
Chris Brothers Cured Beef Brisket	<b>9.03</b>	lb

E-transfer Information:  
**atlanticmeatpackers@gmail.com**

**Free Home Delivery**

No Minimum Orders!!!

See delivery schedule to find us in your neighbourhood.

**MONDAY**

**Sydney & Surrounding Areas**

**Louisbourg & Mira Area**

**Jan 21st & Feb 4th**

**TUESDAY**

**Eskasoni & East Bay Area**

**Jan 28th & Feb 11th**

**WEDNESDAY**

**North Sydney, Sydney Mines & Florence**

**THURSDAY**

**Glace Bay, New Waterford & Dominion**

**FRIDAY**

**Sydney & Surrounding Areas**

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